



Palliative Care for Patients and Families

Begin palliative care early.

Palliative care can occur at the same time as all other treatments for your chronic or serious illness. There's absolutely no reason to wait. Pain and other symptoms affect your quality of life and stress can have a big impact on your family. The palliative care team can help.

Your insurance will cover palliative care.

Most insurance plans, including Medicare and Medicaid, cover palliative care. It is handled like other medical services, such as oncology or cardiology.

Getting palliative care is easy. Just ask for it.



Palliative Care improves quality of life for both you and your family.

Ask yourself these questions:

- Have I been bothered by side effects of treatment?
- Have I been forced to spend time in bed?
- Is family communication about my illness limited?
- Am I having difficulty coping with my illness?
- Am I worried my condition will get worse?
- Am I having a hard time accepting my illness?
- Is my quality of life less than what I want it to be?

If you answered yes to two or more of these questions, palliative care might be right for you.

You may already have been referred to the palliative care team, but if not, just ask your doctor for a referral. We work together with your primary doctor and health care team. We welcome questions from patients and family members.

To find out more about palliative care, visit www.getpalliativecare.org.

Licensed in Florida in 1983 and serving Alabama since 2000

>> Contact us!



Call 1-855-CARE-365

at any hour to discover how we can best help your family.

choosecovenant.org